

PERSONAL HEALTH MONITORING USING ZIGBEE PROTOCOL

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Abstract: We have developed an Android based mobile data acquisition (DAQ) solution, which collects personalized health information of the end-user, store analyze and visualize it on the smart device and optionally sends it towards to the datacenter for further processing. The smart mobile device is capable to collect information from a large set of various wireless (Bluetooth, and WiFi, cloud, gprs) and wired (USB) sensors. Embedded sensors of the mobile device provide additional useful status information (such as: user location, magnetic or noise level, acceleration, temperature, etc.). The user interface of our software solution is suitable for different skilled users, highly configurable and provides diary functionality to store information (about sleep problems, can act as a diet log, or even can be used as a pain diary). The software enables correlation analysis between the various sensor data sets. The developed system is tested successfully within our Living Lab facility. Sensor data acquisition on the personal mobile device enables both endusers and care givers to provide better and more effective health monitoring and facilitate prevention. The paper describes the internal architecture of the software solution and its main functionalities.

Keywords: ECG Sensors, temperature sensor, Microcontroller, ZIGBEE

I. INTRODUCTION

The aging population of industrialized countries grows and this increases also among other things the health care costs. Transparently embedded remote health care can become a new cost effective paradigm, which can solve most of the problems primarily centralized Health Care system's have. Currently, there is a large number of enabling technologies to measure the patient's physiological signals remotely. With handheld and PC devices used as data acquisition (DAQ) systems we are able to collect vital information about the (elderly and demented) patients remotely. Due to the different - in most cases proprietary and incompatible- sensor technologies and solutions, it is a hard task to create generic, user friendly DAQ systems. There are already remote patient monitoring solutions available such as the Android based MyFitnessCompanion, which is able to support the following therapy fields: Fitness, Diabetes, Asthma, Obesity, Hypertension, CHD, or the iCare[which provides medical guidance, emergency alarm functionality and collects personal health information. Other example is the Microsoft Health Vault which supports care of elderly persons (e.g.: neurodegenerative diseases, stroke etc.), additionally it provides online web interface to manage (process and share) health information.

II. HARDWARE SYSTEM

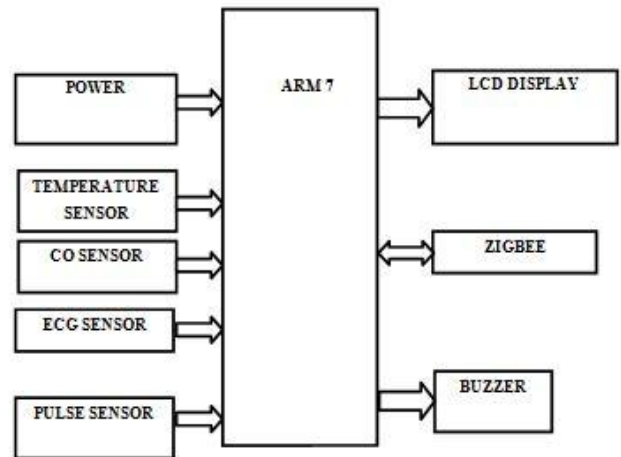


Fig.1.patient section

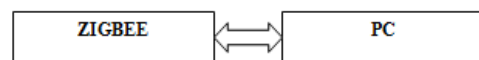


Fig 2: control section

In the proposed system, the temperature sensor and ECG sensor are connected to microcontroller through switches. The Blood pressure sensor is connected through UART of the microcontroller providing serial data to microcontroller. The PULSE sensor provides the Pulse readings to the controller. These values are displayed on the LCD by the microcontroller. If the temperature and ECG values exceed their threshold values an alert is given by buzzer. The data collected by controller is placed in the PC by using ZIGBEE.

III. METHODOLOGY

Micro controller: This section forms the control unit of the whole project. This section basically consists of a Microcontroller with its associated circuitry like Crystal with capacitors, Reset circuitry, Pull up resistors (if needed) and so on. The Microcontroller forms the heart of the project because it controls the devices being interfaced and communicates with the devices according to the program being written.

ARM7TDMI: ARM is the abbreviation of Advanced RISC Machines, it is the name of a class of processors, and is the name of a kind technology too. The RISC instruction set, and related decode mechanism are much simpler than those of Complex Instruction Set Computer (CISC) designs.

Liquid-crystal display (LCD) is a flat panel display, electronic visual display that uses the light modulation properties of liquid crystals. Liquid crystals do not emit light directly. LCDs are available to display arbitrary images or fixed images which can be displayed or hidden, such as preset words, digits, and 7-segment displays as in a digital

clock. They use the same basic technology, except that arbitrary images are made up of a large number of small pixels, while other displays have larger elements.

Temperature sensor:

A thermistor is a type of resistor whose resistance is dependent on temperature. Thermistors are widely used as inrush current limiter, temperature sensors (NTC type typically), self-resetting over current protectors, and self-regulating heating elements. The TMP103 is a digital output temperature sensor in a four-ball wafer chip-scale package (WCSP). The TMP103 is capable of reading temperatures to a resolution of 1°C.



Fig 3: Temperature sensor

ECG Sensor:

The electrocardiogram (ECG or EKG) is a diagnostic tool that is routinely used to assess the electrical and muscular functions of the heart. The electrocardiogram (ECG) has grown to be one of the most commonly used medical tests in modern medicine. Its utility in the diagnosis of a myriad of cardiac pathologies ranging from myocardial ischemia and infarction to syncope and palpitations has been invaluable to clinicians for decades.



Fig 4: ECG Sensor

Buzzer:

A buzzer or beeper is a signaling device, usually electronic, typically used in automobiles, household appliances such as a microwave ovens, & game shows. The word "buzzer" comes from the rasping noise that buzzers made when they were electromechanical devices, operated from stepped-down AC line voltage at 50 or 60 cycles. Other sounds commonly used to indicate that a button has been pressed are a ring or a beep. The "Piezoelectric sound components" introduced herein operate on an innovative principle utilizing natural oscillation of piezoelectric ceramics. These buzzers are offered in lightweight compact sizes from the smallest diameter of 12mm to large Piezo electric sounders. Today, piezoelectric sound components are used in many ways such as home appliances, OA equipment, audio equipment telephones, etc. And they are applied widely, for example, in alarms, speakers, telephone ringers, receivers, transmitters, beep sounds, etc.

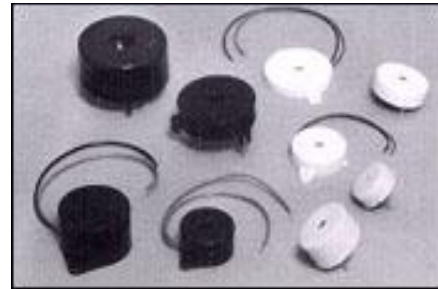


Fig 5: Types of Buzzers

ZIGBEE:

Zigbee modules feature a UART interface, which allows any microcontroller or microprocessor to immediately use the services of the Zigbee protocol. All a Zigbee hardware designer has to do in this case is ensure that the host's serial port logic levels are compatible with the XBee's 2.8- to 3.4-V logic levels. The logic level conversion can be performed using either a standard RS-232 IC or logic level translators such as the 74LVTH125 when the host is directly connected to the XBee UART. The X-Bee RF Modules interface to a host device through a logic-level asynchronous Serial port. Through its serial port, the module can communicate with any logic and voltage Compatible UART; or through a level translator to any serial device.

Data is presented to the X-Bee module through its DIN pin, and it must be in the asynchronous serial format, which consists of a start bit, 8 data bits, and a stop bit. Because the input data goes directly into the input of a UART within the X-Bee module, no bit inversions are necessary within the asynchronous serial data stream. All of the required timing and parity checking is automatically taken care of by the X-Bee's UART.

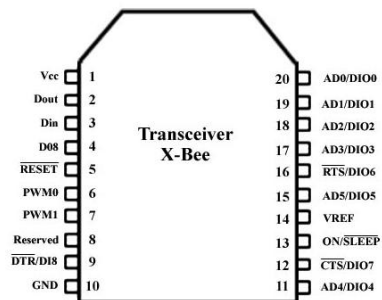


Fig 6: ZIGBEE pin diagram

IV. CONCLUSION

This current designed system provides low complexity, low power consumptions and highly portable for health care monitoring of patient's and it can eliminates the need of utilization of expensive facilities. The doctor can easily access the patient's information at anywhere with the help of android web server.

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